



# Culinary Tour

DAY	TIME	ACTIVITY	ACCOMMODATIONS
1	9:08	Leave Tokyo Station for Morioka via Hayabusa Bullet Train #9	
	11:38	Arrive at Shizukuishi Station	
		Making Soba noodle experience	
		Harvesting vegetables experience	
		Transfer to Nakagawa	
		Dinner at Nakagawa	Stay at Nakagawa
		After dinner, folk-story telling told in the local dialect	Guest house
2		Breakfast at Nakagawa	
		Nakagawa → Light Truck Market → Lunch on your own → Koiwai Farm → Morioka	
		Handmade Village → Nakagawa	Stay at Nakagawa
		Dinner: Jukko local cuisine and "Doburoku" home-brewed sake	Guest house
3		Breakfast at Nakagawa	
		Transfer to the local farm or visit Nakagawa farm	
		Cook freshly harvested vegetables at Nakagawa	
		Farm to the Table lunch at Nakagawa	
	15:15	Leave for Morioka Station via scheduled route bus	

16:15	Arrive at Morioka Station
16:50	Leave Morioka Station for Tokyo via Hayabusa Bullet Train #26
19:04	Arrive at Tokyo Station